

# COUNSELING NEWSLETTER

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### **Back to School Night**

Virtual September 17, 2020 6:30 pm - 8:30 pm

### Senior Parent Night Q&A

Virtual September 17, 2020 6:00 pm - 6:30 pm

#### Coffee with the College Counselors

Virtual
September 30, 2020
6:00 pm - 7:00 pm
-- and -October 1, 2020
8:15 am - 9:15 am

### **Financial Aid Night**

Virtual September 30, 2020 7:00 pm - 8:30 pm

### FAFSA Workshop

Virtual October 15, 2020 2:30 pm - 4:00 pm



# **WELCOME BACK EAGLES!**

We hope that everyone had a safe and productive summer! The School Counseling Department is busy keeping up with our students and families to maintain engagement during remote learning. Here are some virtual events to be on the lookout for:

### Senior College Groups

The School Counselors will be meeting with the Seniors to discuss the college application process. Students will be contacted with more information.

### **Senior Parent Night**

Parents of Senior students are encouraged to attend this important event. This event will be split into 2 parts: the first is a general presentation that will assist parents in understanding counselor expectations regarding the college application process. The second part will give parents the opportunity to meet with their student's School Counselor. Parents will receive an email with further information.

### Financial Aid Night

Join us as a representative from the NJ Higher Education Student Assistance Authority (HESAA) discusses the financial aid process for incoming college students. Topics covered will include sources of aid, FAFSA, how to fund your student's college education, and more. To register, visit <a href="https://tinyurl.com/ehsfinancialregistration2020">https://tinyurl.com/ehsfinancialregistration2020</a>.

### Coffee with the College Counselors

Senior and Junior parents are also encouraged to attend Coffee with the College Counselors, which will provide an opportunity to meet with your student's College Counselor and learn more about the college application process given the current landscape. To register, visit the following page https://forms.gle/4V8CadMq2H1cGNuSA.

### **AP Exam Registration**

Registration for 2020-2021 AP exams has begun and will close on October 14. Each exam will cost \$100. Late registration will be from October 15 to October 25 at an additional \$40 per exam. Students can register for the exam on https://user.totalregistration.net/AP/310297.

# MEET THE COUNSELORS





Mr. Tom Alexander School Counselor Thomas. Alexander@edison.k12.nj.us

Mr. Alexander graduated from New York University with a B.S. in Applied Psychology and later received his M.S. in Education from The City University of New York at Hunter College. During that time, Mr. Alexander accumulated various work experiences as an intern and substitute teacher in several New York City Public Schools before working as a school counselor in Long Island for nine years. Mr. Alexander is now looking forward to starting his eighth year at Edison High School. In his spare time, he enjoys spending time with his wife and two middle school aged daughters watching Yankees games and staying active.







Mr. Andy Barone School Counselor Andrew.Barone@edison.k12.nj.us

Mr. Barone received his B.A. from Caldwell University in Math/Education, his M.A. from Kean University in Instruction/Curriculum, and completed his Counseling Program at Kean University. He has been in education for the past 30 years; initially coming to EHS 20 years ago as a teacher and joining the Counseling Dept. in 2007. He is married and has three children - two in high school (10th and 12th) and the oldest is a College Sophomore!







**Ms. Brittany Brotherton**School Counselor
Brittany.Lonsdale@edison.k12.nj.us

Mrs. Brotherton received her B.A in Communication from LaSalle University and started her career as a meeting planner. After realizing her passion was with helping others she received her M.A in Mental Health and School Counseling from New Jersey City University. During that time, Mrs. Brotherton worked and lived in Chile counseling international students. This year she got married, got a dog, and started running and playing golf. This is her fourth year at Edison High School.





Mrs. Brenda Gupta School Counselor Brenda.Gupta@edison.k12.nj.us

Mrs. Gupta received her B.A. in Psychology and Sociology at Rutgers University-New Brunswick campus. Shortly after receiving her B.A., Mrs. Gupta started pursuing her Masters in Education Degree from Rutgers, Graduate School of Education. During her graduate studies, she discovered research opportunities in the Counseling Psychology Department as well as the Genetics Department at Rutgers. Mrs. Gupta also co-tauaht araduate level at courses Rutgers University-Graduate School of Education. Mrs. Bupta started her doctoral dissertation this summer. She has a profound interest in learning about families and children with autism. Mrs. Gupta is starting her seventh year as a school counselor and fifth year at the Home of the Eagles!





Mrs. Sinyee Muglia School Counselor Pronouns: She/Her Sinyee.Muglia@edison.k12.nj.us

Mrs. Muglia completed her Bachelor's degree at New York University and Master of Education degree at Rutgers Graduate School of Education. She is also an alumna of Edison High and a proud Eagle! This is Mrs. Muglia's third year as counselor at EHS. She currently runs the Financial Aid Night, FAFSA Workshop, and Career Speaker Series. Prior to EHS, she was counselor at an independent school in Princeton for 3 years. At Rutgers, Mrs. Muglia was an Academic Coach to support first-generation and EOF undergraduates; she kick-started the Peer Mentor program at the federal TriO, Student Support Services (SSS) at Rutgers-New Brunswick. She began her mentoring and coaching as a Commuter Assistant at New York University from 2008-2010 for off-campus students in Brooklyn, Queens and Manhattan boroughs. Mrs. Muglia speaks English and Cantonese fluently and Spanish proficiently. Mrs. Muglia enjoys spending her free time with her husband and 2 sons. She also enjoys working out, acrylic painting, DIY projects and landscaping/gardening at home







Mrs. Nicole Panaro School Counselor Nicole.Panaro@edison.k12.nj.us

Mrs. Panaro received her B.S. Elementary Education/Psychology from The College of New Jersey. She is certified to teach elementary education and mathematics. She loved TCNJ so much that she stayed an extra two years to earn her M.A. in School Counseling after being inspired by her own high school counselor. This is Mrs. Panaro's 9th year as a school counselor; she started her career as a school counselor at Toms River High School East, and has been at EHS since February 2013. Mrs. Panaro has served as the President of Chi Sigma lota International Honor Society Alpha Epsilon Chapter for six years. Mrs. Panaro and her husband loved spending every second this summer playing, learning, and laughing with their 2 year old son, James! During Quarantine they spent their whole summer outside, and redid their backyard turning it into a toddler wonderland. Mrs. Panaro discovered a newfound skill of flipping and renovating playhouses that guickly became a fun new hobby. She also learned to grill! Mrs. Panaro loves the beach and also spent the summer with her family at IBSP (and as a true Ocean County girl at heart, cringes at the phrase "down the shore").







Mrs. Martha Pinto School Counselor Martha.Pinto@edison.k12.nj.us

Mrs. Pinto received her B.A. in Psychology & Criminal Justice at Rutgers University and her M.A. in School Counseling at Montclair State University. Mrs. Pinto is a first-generation American and very proud to be the first in her family to graduate from college. She is especially passionate about helping other first-generation, college-bound students navigate the college admissions process. Mrs. Pinto speaks Portuguese and Spanish. This is her sixth year as a School Counselor and







Mrs. Rachel Rotella School Counselor Rachel.Rotella@edison.k12.nj.us

Mrs. Rotella earned her B.S. in Business Administration, Marketing from Ramapo College in 2006. She started her career as a Project Manager for Mega Brands, Inc. before transitioning to Education. In 2007, Mrs. Rotella became a Business Teacher at her alma mater, JFK Memorial HS in Iselin, NJ. Her passion for the field of education, in all aspects, inspired her to earn her M.S. in School Counseling from Kean University.

her third year at EHS. Prior to joining the Home of the Eagles, Ms. Mendo worked at an Alternative High School for students from Elizabeth, NJ, her hometown. In her spare time, Mrs. Pinto enjoys spending time with her husband and their 6 month old goldendoodle puppy, Oakley.

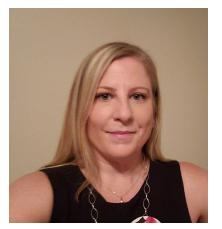
Mrs. Rotella feels extremely lucky that her career has led her to EHS as a School Counselor. This is Mrs. Rotella's sixth year as a proud Edison Eagle and with the AVID program as Site Coordinator. When she and her husband aren't chasing after their handsome and lively two-year-old and one-year-old sons, Mrs. Rotella pursues her passion for health and fitness as a Wellness Coach.





Ms. Eleanor Agmana College Counselor Eleanor.Agmana@edison.k12.nj.us

Ms. Agmana received her B.S. in Criminal Justice and Psychology from Rutgers University-Newark. Upon graduation she worked at the university's Office of Admissions, where she realized her passion was working with students through the college application process. She worked at the Office of Admissions for five years as she completed her M. Ed in School Counseling from Rutgers University-New Brunswick. This is Ms. Agmana's third school year at EHS, and high school altogether! She spent her summer getting crafty. She learned how to crochet and finished a blanket project. She also put a 2000+ piece tiny lego Stitch figure together.





Ms. Laurie Sieminski College Counselor Laurie.Sieminski@edison.k12.nj.us

Ms. Sieminski graduated from Rutgers College with a B.A. in Psychology and a minor in Biological Sciences and completed her M.ED at the Graduate School of Education in Counseling Psychology. She will be continuing to coach the Edison High School Swim Team and work with the peer leaders this year. She is excited to be at Edison for her fifth year in her role as a College Counselor. Her quarantine hobbies included refinishing furniture, gardening and puzzling! She will also continue serving on the Executive Board of New Jersey Association for College Admissions Counseling as their President.



# **UPCOMING VIRTUAL COLLEGE VISITS**

The calendar is always changing! Be sure to check Naviance for updates and to sign up for visits you are interested in attending.

College	Date	Time
University of Louisville	September 21	9:15 am
Bloomfield College		10:30 am
Purdue University-Main Campus		11:40 am
Pennsylvania College of Technology		1:30pm
University of Illinois at Urbana-Champaign		2:30 pm
George Washington University		3:30 pm
Wilkes University		8:25 am
Lesley University		10:00 am
Saint Mary's College	September 22	11:20 am
New York Institute of Technology		12:50 pm
Drexel University		1:30 pm
Fairleigh Dickinson University-Metropolitan Campus		2:30 pm
Arcadia University		3:30 pm
George Mason University	September 23	9:15 am
Lincoln Technical Institute-East Windsor		10:30 am
Iona College		11:40 am
Nova Southeastern University		1:30pm
Saint Elizabeth University		2:30 pm
Seton Hall University		3:30 pm
Lincoln Technical Institute	September 24	10:00 am
Pennsylvania State University-Main Campus		11:20 am
University of Delaware		12:50 pm
Rutgers University-Newark		1:30 pm

University of Rhode Island	September 24	2:30 pm
Embry-Riddle Aeronautical University-Daytona Beach		3:30 pm
Rowan University		1:30 pm
Western New England University	September 25	2:30 pm
Dominican College		3:30 pm
Marywood University		9:15 am
Widener University		10:30 am
Monmouth University	September 28	11:40 am
Syracuse University	September 26	1:30pm
University of Scranton		2:30 pm
SUNY College at Oswego		3:30 pm
Clemson University		8:25 am
Merrimack College		10:00 am
Springfield College		11:20 am
Washington College	September 29	12:50 pm
Washington University in St. Louis		1:30 pm
York College of Pennsylvania		2:30 pm
Wagner College		3:30 pm
Caldwell University		9:15 am
Saint Peter's University		10:30 am
Savannah College of Art and Design	September 30	11:40 am
University of New Haven		1:30pm
West Virginia University		2:30 pm
Lycoming College		3:30 pm
University of East London		8:25 am
Drew University		10:00 am
Johnson & Wales University-Providence	October 1	11:20 am
SUNY University at Buffalo		12:50 pm
DePaul University		1:30 pm

New York Institute of Technology	October 1	2:30 pm
La Salle University		3:30 pm
Williams College	October 2	1:30 pm
Mount Saint Mary College		2:30 pm
The University of Alabama		3:30 pm
Western Connecticut State University		10:30 am
Felician University		11:40 am
Tulane University of Louisiana	October 5	2:30 pm
Florida Southern College		3:30 pm
Salisbury University		8:25 am
Florida Atlantic University		10:00 am
Rider University	October 6	11:20 am
University of Vermont		2:30 pm
University of Toronto		3:30 pm
Binghamton University		10:30 am
Albright College	October 7	2:30 pm
New York Film Academy		3:30 pm
University of Missouri-Columbia		10:00 am
San Diego State University	October 8	11:20 am
SUNY University at Albany		12:50 pm
Eastern University		2:30 pm
Kean University		3:30 pm
Georgian Court University	October 9	1:30 pm
University of Southern Maine		2:30 pm
Fashion Institute of Technology		3:30 pm
New York University		9:15 am
University of Chicago	October 12	2:30 pm
Roger Williams University		3:30 pm
Stevens Institute of Technology	October 13	11:20 am
University of Bridgeport	October 13	12:50 pm

New Jersey Institute of Technology	October 13	2:30 pm
Mercy College		3:30 pm
Mount Aloysius College	October 14	9:15 am
Ringling College of Art and Design		10:30 am
Johns Hopkins University		2:30 pm
University of Tampa	October 15	10:00 am
Manhattan College		12:50 pm
Harrisburg University of Science and Technology	October 16	1:30 pm
University of Massachusetts Dartmouth		2:30 pm
Elon University	October 19	2:30 pm
SUNY College at Oswego	October 20	2:30 pm
Pennsylvania College of Art and Design		3:30 pm
Centenary University	October 21	2:30 pm
Boston University	October 23	3:30 pm
University of the Sciences	October 26	2:30 pm
Lebanon Valley College	October 29	2:30 pm
Rosemont College	October 30	1:30 pm



# SAT Registration

To register for the SAT and SAT Subject Tests, go to <a href="http://sat.collegeboard.org">http://sat.collegeboard.org</a>. Please see your counselor if you receive free or reduced lunch regarding an exam fee waiver.

SAT DATE	Registration Deadline	Late Registration Deadline
October 3, 2020	September 4, 2020	September 15, 2020 (mailed registration) September 22, 2020 (online and phone registration)
November 7, 2020	October 7, 2020	October 20, 2020 (mailed registration) October 27, 2020 (online and phone registration)
December 5, 2020	November 5, 2020	November 17, 2020 (mailed registration) November 24, 2020 (online and phone registration)
March 13, 2021	February 12, 2021	February 23, 2021 (mailed registration)  March 2, 2021 (online and phone registration)
May 8, 2021	April 8, 2021	April 20, 2021 (mailed registration) April 27, 2021 (online and phone registration)
June 5, 2021	May 6, 2021	May 18, 2021 (mailed registration) May 26, 2021 (online and phone registration)



# ACT Registration

To register for the ACT, go to http://www.actstudent.org.

ACT Test Date	Registration Deadline	Late Registration Deadline
October 10, 2020	September 25, 2020	
October 17, 2020		
October 24, 2020		
October 25, 2020		
December 12, 2020	November 6, 2020	November 7-20, 2020
February 6, 2021	January 8, 2021	January 9-15, 2021
April 17, 2021	March 12, 2021	March 13-26, 2021
June 12, 2021	May 7, 2021	May 8-21, 2021
July 17, 2021	June 18, 2021	June 19-25, 2021



# Scholarship Opportunities

Additional Scholarships are also posted:

School Counseling Classroom '21 Code - nmdkikt School Counseling Classroom '22 Code - 6de6ckl

The Caring Community Scholarship - This \$2,000 scholarship is open to current seniors who have worked to make their community a better place. Applicants must think of an instance when they identified an issue within their community and what they did to combat it. Students must consider the positive impact of their efforts and how it affected them intrinsically. To apply, you must be a US Citizen with a minimum 3.0 GPA. Other requirements can be found on their website: https://marcusandmack.com/the-caring-community-scholarship/.

Deadline: September 30, 2020

**Trapology Aspiring Gaming Scholarship** - Open to current seniors. Awards \$1,000. Applicants must be applying for a study related to game design. Applicable majors include Game Design, Game Production, Digital Art & Design, Animation, Engineering, E-Sports, Sound Design, or Marketing. Students must have a minimum average GPA of 3.0. Other requirements can be found on their website <a href="https://trapologyboston.com/gaming-scholarship/">https://trapologyboston.com/gaming-scholarship/</a>.

Deadline: October 1, 2020

Olin E. Teague Scholarship - This \$4,000 scholarship is open to current seniors who are interested in pursuing a career in the aerospace field. You must be a US Citizen in order to apply for this scholarship. In addition to a completed application (which can be downloaded here: <a href="https://www.spaceclub.org/forms/app/teague-scholarship.pdf">https://www.spaceclub.org/forms/app/teague-scholarship.pdf</a>), you must secure at least one letter of recommendation from a STEM faculty member or mentor and an official transcript. In addition, you must submit a statement of intent and research paper. Specific details can be found on the application.

Deadline: October 12, 2020

Horatio Alger Association National Scholarship - Open to current seniors. This \$25,000 scholarship considers students with demonstrated financial need (family adjusted gross income of \$55,000 or lower). Students must ultimately plan on pursuing a Bachelor's degree (students who will attend a 2-year college first can also be considered as long as they eventually attend a 4-year college). Applicants must be involved in co-curricular and community service activities. You must also have a minimum 2.0 GPA and be a US Citizen. More info: https://scholars.horatioalger.org/scholarships/. Deadline: October 25, 2020

Cooke Scholars College Program - This scholarship awards students with up to \$40,000 a year. Ideal scholars are high-achieving and have financial need. To be eligible, students must have a minimum unweighted GPA of 3.5 and demonstrate unmet financial need (family income cannot exceed \$90,000). Applicants must apply and eventually enroll in a four-year college/university. More information: https://www.jkcf.org/our-scholarships/college-scholarship-program/. Deadline: October 30, 2020

Coca Cola Scholars Program - This program offers a \$20,000 scholarship to graduating seniors who excel academically and are actively involved in their school community. An ideal Coca Cola Scholar is someone who can be considered a leader who is passionate and service-oriented who demonstrates a commitment to bettering the community. More information can be found on <a href="https://www.coca-colascholarsfoundation.org/apply/">https://www.coca-colascholarsfoundation.org/apply/</a>.

Deadline: October 31, 2020











# Financial Aid

Night

Wednesday, September 30, 2020, 7:00

Zoom Link:

https://tinyurl.com/ehsfinancialaidnight2020

# Parents and students can learn about:

- How to fund your student's college tuition
- Grants, Scholarships and sources of aid
- FAFSA (Free Application for Federal Student Aid)
- Different types of financial aid
- Expected family contribution
- Specific questions answered by HESAA Representative, John Iacovelli, Founder of College Quest Now & Form



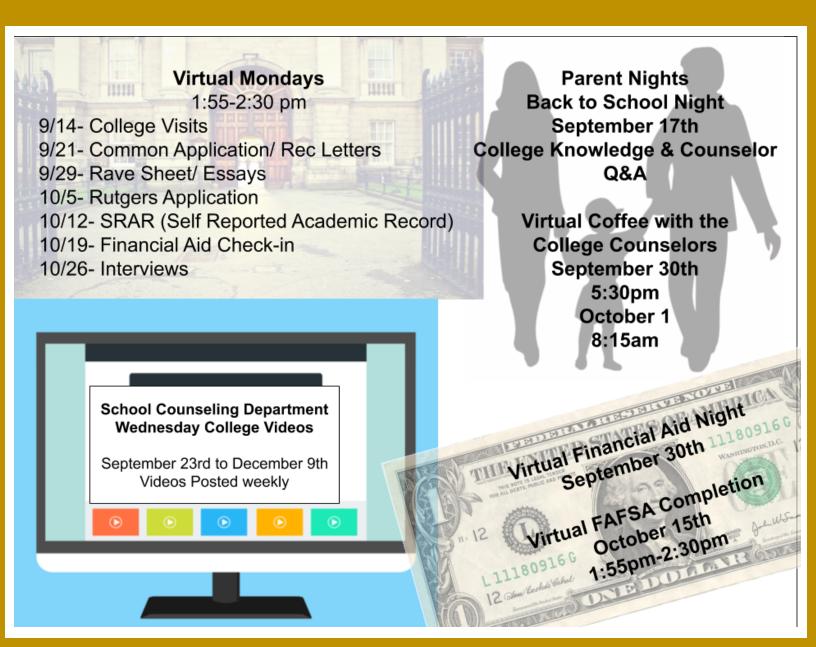
Higher Education Student Assistance Authority

of College Quest Now & Former Dean of Enrollment of Stockton University

Register by September 28th to submit your questions prior to presentation:

https://tinyurl.com/ehsfinancialregistration2020

Questions? Contact Mrs. Muglia at Sinyee.Muglia@Edison.k12.nj.us





# College Scholarship Program

Application Open

AUGUST 1, 2020 OCTOBER 30, 2020 Apply Online through the Common App

JKCF.ORG/COLLEGE

# The Program Experience

The Cooke College Scholarship Program is one of the largest undergraduate scholarship programs available to high-achieving high school seniors with financial need who seek to attend the nation's best four-year colleges and universities. Each Cooke Scholar has access to generous financial support for up to four years, college planning support, angoing advising, and the apportunity to connect with the thriving community of fellow scholars. As part of their scholarship, recipients may:

- Receive up to \$40,000 per year to use toward tuition, books, and other fees and expenses at any accredited four-year institution.
- Pursue any area of study.
- Have access to one-on-one advising about selecting a college, navigating financial aid, transitioning to college, and maximizing the college experience.
- Be eligible to apply for the Cooke Graduate Scholarship.

### Who We Select

Cooke College Scholarship recipients are selected from a nationwide applicant pool each year. As minimum criteria, students must:

- Plan to graduate from a U.S. high school in spring 2021.
- Intend to enroll full time in an accredited 4year college in fall 2021.
- Earn a cumulative unweighted GPA of 3.5 or above in high school.
- Demonstrate financial need. We will consider applicants with family income up to \$95,000.
   Last year's cohort of new College Scholarship recipients had a median family income of approximately \$35,000.

Cooke Scholars come from diverse racial and ethnic backgrounds and from rural, suburban, and urban communities. Many scholars are the first in their families to pursue higher education.



# THE NATIONAL COLLEGE MATCH

# **FULL SCHOLARSHIPS TO** 42 COLLEGE PARTNERS

QuestBridge connects academically outstanding high school seniors from low-income backgrounds with full four-year scholarships - worth over \$200,000 each - to the nation's leading colleges.

# Application Deadline: September 29, 2020

# Visit www.questbridge.org:

- Find out if you're eligible
- Apply for free
- View the complete list of our 42 college partners, including:









Stanford University

Princeton University. University

College





Duke





Vale University

University of Chicago

Emory University

University of Pennsylvania





### **ABOUT US:**

The Congressional App Challenge (CAC) is a public effort to encourage kids to learn how to code, through annual district-wide competitions hosted by Members of Congress for their district.

### E-MAIL:

studentsupport @congressionalappchallenge .us

### WEBSITE:

http://www.congressionalappcha llenge.us/





# RULES AND GUIDELINES

# HERE'S HOW TO PARTICIPATE:

# 1. REGISTER

Starting Monday, June 1st, 2020, you can register at Congressional App Challenge.us. Register by September 10th, 2020 for early incentives.

### 2. THINK OF AN APP YOU'D LIKE TO CREATE

Do you want to create a game? Do you want to create an app to solve a problem? There is no limit to what you can create for the Congressional App Challenge.

## 3. DESIGN YOUR APP

What will your app look like? What does it need to accomplish?

### 4. CREATE YOUR APP

You can work on your own, or as part of a team of up to four students. Find resources to help you on our website CongressionalAppChallenge.us

## 5. SUBMIT!

Submit your app anytime before October 19th. Winners will be announced in December.