



SCHOOL COUNSELING DEPARTMENT NEWSLETTER



WELCOME BACK, EAGLES!

We are excited that we are starting this school year in the building. The past two school years involved a lot of recalibrating and working around obstacles but we are close to "back to normal" as we can.

New this year is our Social Emotional Learning (SEL) groups. These groups cover a number of topics including: Grief, Time Management, Social Awareness, First Generation Students, STEM Anxiety & Stress, and Stress Management. These groups will be running throughout the school year. If you feel that you can benefit from any of these groups please contact your School Counselor, who can connect you to the counselor(s) who are facilitating the group.

UPCOMING EVENTS

-
- COFFEE W/ THE COLLEGE & CAREER COUNSELORS**
Virtual
Sept 30 5:30PM - 6:30PM

- FINANCIAL AID NIGHT**
Virtual
Sept 30 6:30PM - 7:30PM

- EOF & SRAR WORKSHOP**
Choir Room
Oct 13 9AM- 10:30AM

- FINANCIAL AID WORKSHOP**
Virtual
Oct 14 6PM- 7:30PM

MEET THE Counselors



Mr. Tom Alexander

School Counselor

Mr. Alexander graduated from New York University with a B.S. in Applied Psychology and later received his M.S. in Education from The City University of New York at Hunter College. During that time, Mr. Alexander accumulated various work experiences as an intern and substitute teacher in several New York City Public Schools before starting his career as a school counselor in Long Island 19 years ago. Mr. Alexander will begin his ninth year at Edison High School this school year. He is married with two daughters in middle school and has a one year old goldendoodle named Luca. Mr. Alexander's favorite hobbies include Crossfit, running/hiking, and attending all of his daughters' softball, soccer, and basketball games.

HUNTER
The City University of New York



Mr. Andy Barone

School Counselor

Mr. Barone received his B.A. from Caldwell University in Math/Education, his M.A. from Kean University in Instruction/Curriculum, and completed his Counseling Program at Kean University. He has been in education for the past 31 years; initially coming to EHS 21 years ago as a teacher and joining the Counseling Department in 2007. He is married and has three children - one in high school (11th grade), one is a college freshman, and the oldest is a junior in college! He also has a dog - Knight - who is only "brave" when he is safe inside the house and able to bark at people who dare walk by the house or other side of the street.



Ms. Brittany Brotherton

School Counselor

Mrs. Brotherton received her B.A. in Communication from LaSalle University and started her career as a meeting planner. After realizing her passion was with helping others she received her M.A. in Mental Health and School Counseling from New Jersey City University. During that time, Mrs. Brotherton worked and lived in Chile counseling international students. Her favorite hobbies include watching tv shows, running, yoga, and spending time with her family and dog, Nutella. She is expecting her first child this year!. This is her fifth year at Edison High School.



MEET THE Counselors



Mrs. Martha Pinto

School Counselor

Mrs. Pinto received her B.A. in Psychology & Criminal Justice at Rutgers University and her M.A. in School Counseling at Montclair State University. Mrs. Pinto is a first-generation American and very proud to be the first in her family to graduate from college. She is especially passionate about helping other first-generation, college-bound students navigate the college admissions process. Mrs. Pinto speaks Portuguese and Spanish. This is her seventh year as a School Counselor and her fourth year at EHS. Prior to joining the Home of the Eagles, Mrs. Pinto worked at an Alternative High School for students from Elizabeth, NJ, her hometown. In her spare time, Mrs. Pinto enjoys spending time with her family and her goldendoodle, Oakley.



**MONTCLAIR STATE
UNIVERSITY**



Mrs. Sinyee Muglia

School Counselor

Mrs. Muglia completed her Bachelor's degree at New York University and Master of Education degree at Rutgers Graduate School of Education. She is also an alumna of Edison High and a proud Eagle! This is Mrs. Muglia's third year as counselor at EHS. She currently runs the Financial Aid Night, FAFSA Workshop, and Career Speaker Series. Prior to EHS, she was the school counselor at an independent school in Princeton for 3 years. At Rutgers, Mrs. Muglia was an Academic Coach to support first-generation and EOF undergraduates; she kick-started the Peer Mentor program at the federal TriO, Student Support Services (SSS) at Rutgers-New Brunswick. She began her mentoring and coaching as a Commuter Assistant at New York University from 2008-2010 for off-campus students in Brooklyn, Queens and Manhattan boroughs. Mrs. Muglia speaks English and Cantonese fluently and Spanish proficiently. Mrs. Muglia enjoys spending her free time with her husband and 2 sons. She also enjoys working out, acrylic painting, DIY projects and landscaping/gardening at home.



MEET THE Counselors

Mrs. Nicole Panaro

School Counselor



Mrs. Panaro received her B.S. in Elementary Education/Psychology from The College of New Jersey. She is certified to teach elementary education and mathematics. She loved TCNJ so much that she stayed an extra two years to earn her M.A. in School Counseling after being inspired by her own high school counselor. This is Mrs. Panaro's 9th year as a school counselor; she started her career as a school counselor at Toms River High School East, and has been at EHS since February 2013. Mrs. Panaro has served as the President of Chi Sigma Iota International Honor Society Alpha Epsilon Chapter for six years. Mrs. Panaro and her husband loved spending every second this summer playing, learning, and laughing with their 2 year old son, James! During Quarantine they spent their whole summer outside, and redid their backyard turning it into a toddler wonderland. Mrs. Panaro discovered a newfound skill of flipping and renovating playhouses that quickly became a fun new hobby. She also learned to grill! Mrs. Panaro loves the beach and also spent the summer with her family at IBSP (and as a true Ocean County girl at heart, cringes at the phrase "down the shore").



Mrs. Rachel Rotella

School Counselor



Mrs. Rotella earned her B.S. in Business Administration, Marketing from Ramapo College in 2006. She started her career as a Project Manager for Mega Brands, Inc. before transitioning to Education. In 2007, Mrs. Rotella became a Business Teacher at her alma mater, JFK Memorial HS in Iselin, NJ. Her passion for the field of education, in all aspects, inspired her to earn her M.S. in School Counseling from Kean University. Mrs. Rotella feels extremely lucky that her career has led her to EHS as a School Counselor. This is Mrs. Rotella's sixth year as a proud Edison Eagle and with the AVID program as Site Coordinator. When she and her husband aren't chasing after their handsome and lively two-year-old and one-year-old sons, Mrs. Rotella pursues her passion for health and fitness as a Wellness Coach.



MEET THE Counselors

Mrs. Kimberly Zavistoski

School Counselor



Mrs. Zavistoski is excited to be starting the year at Edison High School, her alma mater! She earned her Bachelor of Arts in Sociology from Drew University in 2010 and later she served as a Graduate Assistant for the Women's Soccer Team, while getting a Master of Arts and Letters. In this role, she coached, recruited, advised student athletes - and fell in love with the counseling profession. This led her to Rutgers where she got a Master of Education in School Counseling and worked as a learning specialist for Division 1 student-athletes. She started working at EHS as an LTS during the 2019-2020 school year and began her tenure track position in January 2021. Currently, she is the NCAA liaison for the counseling department and this year she is co-facilitating the Social Awareness group with Mr. Barone. In her free time, Mrs. Z mostly enjoys spending time with her 4 young sons.

DREW
UNIVERSITY



Ms. Antigoni Filippazzo

ACES School Counselor

Ms. Filippazzo graduated from Montclair State University with her B.A. in family science and human development, paired with her child advocacy certification. Soon after, she went back to Montclair State University to receive her M.A. in School Counseling. This year she will be filling in for Ms. Rotella as the ACES School Counselor, while she is on leave until April. Ms. Filippazzo feels grateful and excited to be part of Edison High School this year!

 **MONTCLAIR STATE**
UNIVERSITY

MEET THE Counselors



Ms. Eleanor Agmana

College & Career Counselor

Ms. Agmana received her B.S. in Criminal Justice and Psychology from Rutgers University-Newark. Upon graduation she worked at the university's Office of Admissions, where she realized her passion was working with students through the college application process. She worked at the Office of Admissions for five years as she completed her M. Ed in School Counseling from Rutgers University-New Brunswick. This is Ms. Agmana's fourth school year at EHS, and high school altogether! Ms. Agmana was a busy bee this summer - she had a big move and started planning for her upcoming wedding!



Ms. Laurie Sieminski

College & Career Counselor

Ms. Sieminski graduated from Rutgers College with a B.A. in Psychology and a minor in Biological Sciences and completed her M.ED at the Graduate School of Education in Counseling Psychology. She will be continuing to coach the Edison High School Swim Team and work with the peer leaders this year. She is excited to be at Edison for her sixth year in her role as a College & Career Counselor working with last names A-L, STEM students and students interested in the military or apprenticeships. She will also continue serving on the Executive Board of New Jersey Association for College Admissions Counseling as their immediate Past-President.



COLLEGE Visits

Upcoming virtual and in-person college and military visits can be found below. Students must register to attend through Scoir under "Events & Deadlines." The list of visits is constantly changing. Log into Scoir to see the most up to date list.



9/21 @ 3PM | Rutgers University-Newark
9/27 @ 9:15AM | Wentworth Institute of Technology
9/27 @ 3PM | Villanova University
9/28 @ 8:30AM | Fairleigh Dickinson University (Metro Campus)
9/28 @ 10:30AM | Drew University
9/29 @ 9:15AM | University of Illinois at Urbana Champaign
9/29 @ 10:50AM | University of Maine
9/29 @ 3PM | Tulane University
9/30 @ 10:30AM | Pace University (NYC)



10/1 @ 3PM Fordham University	10/13 @ 3PM University of Toronto
10/4 @ 9:15AM Rutgers University-New Brunswick	10/14 @ 10:30AM SUNY at Binghamton
10/4 @ 3PM Delaware Valley University	10/14 @ 3PM Sacred Heart University
10/5 @ 8:30AM Princeton University	10/18 @ 9:15AM Hampden-Sydney College
10/5 @ 3PM Cairn University	10/18 @ 3PM Lynn University
10/6 @ 10:50AM Alvernia University	10/19 @ 10:30AM Ramapo College of NJ
10/6 @ 3PM Colby College	10/19 @ 3PM Carnegie Mellon University
10/7 @ 8:30AM Stevens Institute of Technology	10/20 @ 9:15AM Seton Hall University
10/11 @ 9:15AM Felician University	10/21 @ 8:30AM Nazareth College
10/11 @ 10:50AM Temple University	10/25 @ 9:15AM University of Rhode Island
10/12 @ 10:30AM University of Rochester	10/26 @ 8:30AM Northeastern University
10/12 @ 3PM University of Chicago	10/27 @ 9:15AM Montclair State University
10/13 @ 9:15AM Albright College	10/27 @ 10:50AM Wagner College



11/1 @ 9:15AM | Kean University
11/2 @ 3PM | Centenary University
11/3 @ 3PM | San Diego State University

AP EXAM REGISTRATION

AP exam registration started on September 20th online. Each AP exam registration will cost \$100 (fee waivers are available for students on Free/Reduced Lunch). Be sure to register early; students who register late (after October 21) will have to pay an additional \$40 per exam. Registration will end on **October 28**.

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SCOIR ACCOUNTS

Although all students will be on the new Scoir platform this year, it is especially important for our current Seniors. Through Scoir, the Counselors will be able to assist you with college and career planning. All students should have received an email to set up your account. If you're not sure if you received the email or it has timed out on you please see your College & Career Counselor in College Center 2!

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SENIOR SCD UPDATES

Seniors: Be on the lookout for video updates from the School Counseling Department posted in the '22 EHS School Counseling Department Google Classroom. The series will run weekly from **September 22 to December 8**. These updates contain information about things you should be doing throughout the fall in order to have a successful senior year. If you aren't enrolled in the Google Classroom, join using code **6de6ckl** or click [here](#).

COLLEGE SPOTLIGHT



Location: Baltimore, MD
Tuition & Fees: \$18,480
No. of Undergrad Students: 6,319

Morgan State University is a public Historically Black College and University (HBCU) that New Jerseyans are not foreign to. In fact, 6% of the total student population hails from New Jersey. The university offers a wide array of majors, in addition to the only Landscape Architecture, Architecture, and City and Regional Planning programs housed in a HBCU. MSU has seen much expansion of its campus over the past few years to accommodate for the growth of its student body and new academic programming.

To assuage the anxiety around college enrollment, MSU provides all incoming students with the ACCESS Orientation Program. The program showcases each of its colleges/schools, the MSU student experience, financial aid procedures, and more. In addition, students participate in a number of different workshops to cover time management skills, student life/pride, and the transition to college.

Students at MSU are highly active in student organizations and athletics. Their choir is one of the most renowned in the country, having performed for audiences throughout the world. The Morgan State University Band has also made an appearance in the Macy's Thanksgiving Day Parade!

MSU has a Priority deadline of **November 15** and Regular deadline of **February 15**.

If you are interested in learning more about MSU, visit [their website](#) to view their virtual tour or sign up for a virtual information session.

EXAM Registration

Upcoming SAT and ACT dates can be found below. Note the registration deadlines, as well as the deadline for late registration, which includes an additional fee. **If you are on Free or Reduced lunch, please see your School Counselor or College & Career Counselor for an exam fee waiver.**



Test Date	Registration Deadline	Late Registration
Oct 2 2021	Sept 3 2021	Sept 21 2021
Nov 6 2021	Oct 8 2021	Oct 26 2021
Dec 4 2021	Nov 4 2021	Nov 23 2021

Future exam/registration dates can be found on their website



Test Date	Registration Deadline	Late Registration
Oct 23 2021	Sept 17 2021	Oct 1 2021
Dec 11 2021	Nov 5 2021	Nov 19 2021
Feb 12 2022	Jan 7 2022	Jan 21 2022

Future exam/registration dates can be found on their website

SCHOLARSHIP Opportunities

Here are some scholarships with approaching deadlines. For more scholarships, visit the [EHS Scholarship Database](#). You can also view the School Counseling Google Classrooms.

'22 EHS School Counseling GCR **6de6ckl** |

'23 EHS School Counseling GCR **5ottali**

'24 EHS School Counseling GCR **utzvqng** |

'25 EHS School Counseling GCR **d77ggsi**

Coca-Cola Scholars Program

Deadline: October 31, 2021

Open to current 12th graders. This \$20,000 scholarship is awarded to students who are well-rounded and bright who not only excel academically but are also actively involved in their school. An ideal scholar will be service oriented and are committed to bettering their community.

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Dr. Juan Andrade Jr. Scholarship for Young Hispanic Leaders

Deadline: November 30, 2021

Open to graduating seniors who will be headed to either a 4-year or 2-year college. The award amount differs based on where you will be attending: 4-year college (\$1,000) or 2-year college (\$500). Eligible applicants should require financial support and can prove it through financial documentation. At least one parent must be of Hispanic ancestry. DACA and Undocumented students are eligible to apply as well.

Scott Senft Scholarship Fund

Deadline: December 15, 2021

This \$1,500 scholarship is open to current seniors who plan on studying any Law or Criminal Justice field in college (a full list can be found on their website). To be eligible you must be a US Citizen or Permanent Resident with a minimum GPA of 3.5. You can absolutely apply to the scholarship even if you haven't been admitted to your colleges yet but if selected to win, you must provide proof of enrollment.

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NSHSS Diversity Scholarship

Deadline: October 31, 2021

This \$2,000 scholarship is open to students in 10th-12th grade. An ideal applicant demonstrates a commitment to to expanding diversity and inclusion initiatives at their school, community, or workplace.

A completed application includes the 800 word maximum essay, resume, transcript, letter of recommendation, and a photo.

THE EHS SCHOOL COUNSELING DEPARTMENT
PRESENTS...

Coffee

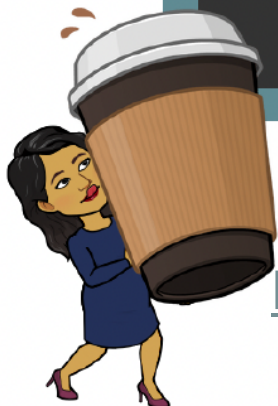
WITH THE COLLEGE & CAREER
COUNSELORS

SEPTEMBER 30, 2021 @ 5:30 PM

Join us as we discuss the current landscape of college admissions, expectations, and how to assist your child through the process.

Financial Aid NIGHT

To follow immediately
after (same Zoom link)



<https://us02web.zoom.us/j/87443171575>



Edison High School

Financial Aid Night

Thursday, September 30, 2021, 6:30PM

ZOOM LINK

Parents and students can learn about:

- How to fund your student's college tuition
- Grants, Scholarships, Loans and sources of aid
- FAFSA (Free Application for Federal Student Aid)
- Different types of financial aid
- Specific questions answered by HESAA Representative Thomas Foga



Coffee with the College Counselors, 5:30-6:30pm ([same Zoom link](#))

Optional: Register by 9/ 28 to submit your questions for Q&A:

<https://tinyurl.com/ehsfinancialaidnight2021>

Questions? Contact Mrs. Muglia at Sinyee.Muglia@edison.k12.nj.us



Hackensack Meridian School of Medicine

Office of Diversity and Equity Presents:

You Belong Here!



A Lecture Series Highlighting African American Health Care Professionals for
Minority High School Students Considering a Career in the Health Professions

David S. Kountz, MD, MBA, FACP, Associate Dean, Diversity and Equity, Course Director

Tade Ayeni, EdD, Director, Diversity and Equity, Course Co-Director

The First Tuesday of the Month	September 2021 to May 2022	6:45 to 8:00PM	Join Us Via Zoom
Day	Dates	Time	Location

TOPICS

SEPTEMBER 7 WELCOME - WE ARE IN SESSION!

THE WONDERS OF THE STETHOSCOPE! WHAT WE CAN HEAR TO SAVE A LIFE

Speaker: David S. Kountz, MD, Professor of Medicine

OCTOBER 5 MINORITY MEDICAL STUDENT PANEL: WHAT IS MEDICAL SCHOOL REALLY LIKE? WHAT WE WISH WE KNEW IN HIGH SCHOOL TO PREPARE FOR OUR JOURNEY

Speakers: Panelists TBD

NOVEMBER 2 PREVENTING SUDDEN DEATH IN ATHLETES

Speaker: Arthur O'Kere, MD, Interventional Cardiology, Shore Heart Group, Brick, NJ

DECEMBER 7 OTHER AMAZING CAREERS IN THE HEALTH PROFESSIONS - DENTIST, PHARMACIST, PHYSICIAN ASSISTANT, NURSE PRACTITIONER

Speaker: Panelists TBD

JANUARY 4 ADVANCING RESEARCH IN THE FIELD OF EMERGENCY MEDICINE

Speaker: Chinwe Ogedegbe, MD, Professor of Emergency Medicine and Section Chief for Research, Hackensack University Medical Center

FEBRUARY 1 CAN YOU SEE THAT? DIAGNOSING ILLNESS WITH IMAGES

Speaker: Sean Pierce, MD, Professor and Chair, Department of Radiology

MARCH 1 WHY IS BLACK MATERNAL MORTALITY SO HIGH AND WHAT CAN WE DO ABOUT IT? A CONVERSATION WITH AN OB GYN

Speaker: Noelle Aikman, MD, Assistant Professor, Obstetrics and Gynecology, and Ob Gyn Residency Program Director, Jersey Shore University Medical Center

APRIL 5 ACADEMIC PLANNING TO ENSURE SUCCESS IN COLLEGE AND BEYOND - STUDYING EFFECTIVELY AND UTILIZING RESOURCES

Speakers: Tade Ayeni, EdD, and Gerard Robertson, PhD, Director, Academic Support

MAY 3 A DAY IN THE LIFE OF A NEUROSURGEON

Speaker: Lawrence Daniels, MD, New Neurons Neurosurgery Institute, Spring Lake, NJ

If you are interested in signing up, please RSVP to Mary Ellen Fett at MaryEllen.Fett@HMHN.org. A link will be provided



ARTS HIGH

An Award Winning program for gifted & talented students in the
Literary, Performing & Visual Arts

LITERARY ARTS

Creative Writing Poetry

PERFORMING ARTS

**Acting Jazz Improvisation Modern Dance
Musical Theatre Vocal Broadway Vocal Music**

VISUAL ARTS

**3D Visual Arts Film Making Anime
Visual Arts Drawing & Painting Photography**

Register Today!

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Workshop**

12/4-12/5

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**SPRING SEMESTER
COURSES ONE
AFTERNOON PER
WEEK**



USC University of
Southern California

JOIN US at one of our “Discover USC” programs for answers to any questions you have about the University of Southern California. During these two-hour programs, you’ll meet admission and financial aid counselors, representatives from several of our academic programs, alumni, as well as other interested students and parents.

We will discuss the unique benefits of a USC education and the process of applying for admission and financial aid.

If you’d like to attend our event in:

New York

Sunday, October 10

1:00-3:00 p.m.

Sheraton New York Times Square Hotel

811 7th Avenue, 53rd Street

New York, NY 10019

R.S.V.P. online by visiting
admission.usc.edu/DiscoverUSC

You’re Invited!

Discover USC

We hope that we’ll get a chance to meet you in your hometown this fall. If not, we encourage you to come to Los Angeles and visit us.

#DiscoverUSC